



CRS Community Resource Services

8550 Balboa Boulevard, Suite 150
Northridge, CA 91325
(818) 739-5182 Phone
(818) 739-5522 Fax

Youth Resource Directory



Supporting
Children

Strengthening
Families

Empowering
Communities

Changing
Lives

www.childguidance.org

The **Child and Family Guidance Center** is a LA County Department of Mental Health (DMH) contractor that provides Specialized Prevention and Early Intervention (PEI) services to children, transition age youth, and adults utilizing evidence based treatment interventions (EBPs) that are consistent with LAC/DMH Mental Health services Act (MHSA).

The Center also provides families with access to a comprehensive continuum of services depending on the needs of the family ranging from once a week, time limited mental services (PEI) to intensive in-home services that are delivered several times a week with 24-7 availability for crises.

The **Community Resource Services** is a division dedicated to improving the quality of life for special needs children and their families by helping them to locate, access and effectively use essential community health and social services.

Call for Services

San Fernando Valley	Antelope Valley
818-739-5250	661-265-8627

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EDUCATIONAL/VOCATIONAL PROGRAMS

Job Corps

1106 South Broadway

Los Angeles, CA 90015

(213) 748-0135 or (800) 733-5627 (General Information)

<http://jobcorps.dol.gov>

Job Corps is a no-cost education and vocational training program administered by the U.S. Department of Labor where students enroll to learn a trade, earn a high school diploma or GED and get help finding a good job. To enroll in Job Corps, students must be 16-24 years old, must be a US citizen or legal resident, must meet income requirements, and must be ready and willing to participate fully in the program. When you join the program, you will be paid a monthly allowance; the longer you stay with the program, the more your allowance will be. Job Corps provides career counseling and transition support to its students for up to 12 months after they graduate from the program.

ONE SOURCE California - Youth Opportunity Centers

www.onesourceca.org

Free services for low-income youth, 16-21 years of age and residents of the City of Los Angeles. They provide assistance with employment, career and college exploration, GED, Job skills training, computer training, and much more.

El Proyecto del Barrio (North Valley)

9030 Laurel Canyon Boulevard

Sun Valley, CA 91352

(818) 771-0184; TTY (818) 252-6505

Area High Schools: Chatsworth, Granada Hills, Kennedy, Monroe, San Fernando, Sylmar, and Verdugo

El Proyecto del Barrio (South Valley)

20800 Sherman Way

Canoga Park, CA 91306

(818) 710-5239; TTY (818) 716-6438

Area High Schools: Birmingham, Canoga Park, Cleveland, El Camino Real, Reseda, Taft, Sherman Oaks, Francis Polytechnic, Grant,, North Hollywood, and Van Nuys.

Youth Opportunity Movement

11844 Glenoaks Avenue

San Fernando, CA 91304

(818) 361-7108

<http://www.lavo.org/valley.htm>

Free services for low-income youth. They provide assistance for youth to reach their educational, employment and personal goals. They provide the following services:

- **Homework & Tutoring Center:** Access to computers, the Internet, printer, fax, copy machines and tutors to help you with that tough assignment.

- **Support Services:** They offer assistance with transportation, books, supplies, tools and equipment. They can also connect you to their agency partners, who can assist you with childcare, counseling, and other service needs.

- **High School & GED Prep**

- **College:** They offer SAT prep, financial aid application assistance, occupational assistance, career path planning, college and educational exploration.

- **Skills Assessment:** Their vocational assessment programs will help you determine your vocational aptitude and assist in mapping out your career path.

- **Job Readiness & Work Experience:** For those 14-21 year olds who have difficulty finding a job, their job readiness program offers work experience, on-the-job training, job shadowing, part-time and full-time employment in a field that is related to your career and employment goals.

- **Boxing:** Our boxing program not only teaches the fine art of boxing but it is also a great program to help you get in shape. You can participate in boxing competitions or you can do it simply for fun.

ENRICHMENT PROGRAMS

I. After School & Community Programs

Boys & Girls Club of America

www.bgca.org

Provides year-round recreational activities. After school programs for children ages 7 -17 years. Services include: arts, crafts, sports, computers, dance classes, wrestling, drill team, game room and more. There is a membership fee; however lower rates are available to low-income families. Locations:

Boys and Girls Club
11251 Glenoaks Boulevard
Pacoima, CA 91331
(818) 896-5261
www.bgcsfv.org
Annual fee: \$24.

West Valley Boys and Girls Club
7245 Remmet Avenue
Canoga Park, CA 91306
(818) 610-1054
www.wvbgc.org
Annual fee: \$20.

Boys and Girls Club
2244 North Buena Vista Street
Burbank, CA 91504
(818) 842-9333
www.bgc Burbank.org
Annual fee: \$75.

Boys and Girls Club
24909 Newhall Avenue
Santa Clarita, CA 91351
(661) 254-2582
www.scvboysandgirlsclub.org
Annual fee: \$24.

Casa Esperanza

14705 Blythe Street
Panorama City, CA 91402
(818) 786-1076

Youth Programs include homework assistance, leadership, writing workshops, health awareness, financial literacy for teens and mentoring through the MOSAIC program.

CLASS Parks / Youth Plus Program

3900 Chevy Chase Drive
Los Angeles, CA 90039
(818) 243-2490 Administrative Office
www.classparks.org

Recreation Centers in the San Fernando Valley have **Teen Clubs** that are designed for High School youth. They offer recreational activities, classes, and weekend trips. Once you sign up at a Teen Club you will then be eligible to participate in one of the other CLASS Park Programs that offer off site activities such as rock climbing, hiking, horseback riding, backpacking, fishing, canoeing, kayaking, sailing, snowboarding, mountain biking and camping. Teen Clubs are offered at the following parks:

- David Gonzales Recreation Center
- Delano Recreation Center
- Hubert Humphrey Recreation Center
- Lanark Recreation Center
- Panorama Recreation Center
- Sepulveda Recreation Center

- Sun Valley Recreation Center
- Sylmar Recreation Center
- Valley Plaza Recreation Center
- Van Nuys Recreation Center
- Victory-Vineland Recreation Center

Cloud & Fire Ministries

15226 Parthenia Street

North Hills, CA 91343

(818) 920-0101

www.cloudandfire.org

This organization offers the following FREE programs:

- **After school Youth Program** for children ages 7-18 years. They provide tutoring, computers, arts and crafts, movie nights, field trips and camping outings. Program takes place Monday - Thursday from 4pm-6pm.
- **Youth Works** is a job skills training program for youth ages 15-25 years. They provide training pertaining to interview skills, resume writing, mock interviews, and other life skills.
- **Spark!** Is a program that offers performing arts workshops for children ages 8-21 years. Each workshop is 3 hours and focuses on various arts such as acting, dancing, drawing, etc.

Friday Night Xtreme Teens

www.sfvocog.com

Every Friday night, the San Fernando Valley Coalition on Gangs offers a safe environment for teens to participate in different activities. There will be food, sports, games, music, and guest speakers for local teens. Teens and parents are encouraged to call the recreation center ahead of time to make sure the event is going on. Open to everyone on Fridays from 6:30p.m. to 9:00p.m. at the following Recreation Centers:

Lanark Rec. Center
21816 Lanark Street
Canoga Park, CA 91304
(818) 899-8087

Van Nuys Rec. Center
14301 Vanowen Street
Van Nuys, CA 91405
(818) 756-8131

Sylmar Rec. Center
13109 Borden Avenue
Sylmar, CA 91342
(818) 367-5656

Hank Lacayo Youth & Family Center

7915 Van Nuys Boulevard

Panorama City, CA 91402

(818) 989-3019

The Hank Lacayo Youth & Family Center is a non-profit charitable organization whose mission is to serve the needs of low-income youth and their families in the San Fernando Valley by providing culturally relevant programs and services. The youth development programs serve to empower youth through the use of various performance arts, dance, sports and other recreational activities. The family development program provides ESL and citizenship classes in addition to linkage and referrals to needed community services.

Jeopardy Program (LAPD)

www.lapdonline.org/youth_programs

The Jeopardy Program is a gang prevention and intervention program for boys and girls ages 9-17 years and their parents. Jeopardy offers a variety of educational and physical projects, from tutoring to martial arts. Parents must bring their child into the center for the initial interview to enroll. Program is offered at different police stations. Program is FREE.

Devonshire Division

Contact: Officer John Harding
(818) 756-8270

Mission and Foothill Division

Contact: Officer Victor Rios
(818) 838-9855
Monday-Thursday from 4:00pm-6:30 pm

North Hollywood Division

Contact: Officer Robert Munoz
(818) 623-4001

Topanga Division

Contact: Officer Todd Jerran
(818) 756-3180
Location: Canoga Park HS
Monday-Thursday from 3:00 pm- 6:00 pm
Prefer ages 12-15

West Valley Division

Contact: Officer Adrian Rios
(818) 374-9500
Monday-Thursday from 3:00 pm- 6:00 pm

Keep Youth Doing Something (KYDS)

6740 Kester Avenue, Suite #200

Van Nuys, CA 91405

(818) 908-2029

www.kydsinc.org

KYDS provides a school based after-school program that offers activities such as arts and crafts, sports, theatre, drama and homework help. Program takes place from 2:30pm-5:45pm, Monday-Friday. Parents must go to the school office and fill out an application for the KYDS program. The program is offered at the following schools: Camellia Avenue Elementary, Herrick Avenue Elementary, Liggett Elementary, Melvin Elementary, Richard E. Byrd Middle School, and Northridge Middle School. Program is FREE.

La Raza Unida/Youth

11663 Herrick Avenue

San Fernando, CA 91340

(818) 365-6534

This organization focuses on issues related to the Chicano, Mexican, & Latino Community. The LRU Committee encourages youth to say "no" to drugs and violence and "yes" to pride and involvement in the Latino community. This program offers various activities such as working on Murals, classes on Latino history and culture, and community activism. Programs are FREE.

Mentoring to Overcome Struggle and Inspire Courage (MOSAIC) Program

California State University, Northridge

18111 Nordhoff Street

Northridge, CA 91330

(818) 677-6533

www.csunmosaic.org

MOSAIC is a program where CSUN students serve as mentors for youth in local after-school programs. Their focus is on youth caught up in struggles against gang and family violence, drug and alcohol abuse, educational failure, and emotional trauma. The community youth are provided with homework help and projects involving art, music, dance, photography, journalism, field trips, and community events. The MOSAIC program is offered at various sites around the San Fernando Valley:

Evergreen High School

13101 Dronfield Avenue

Sylmar, CA 91342

(818) 367-5989

ttoribio@lausd.net

Jack London High School

12924 Oxnard Street

Van Nuys, CA 91401-4104

(818) 756-2794

dec5822@lausd.net

North Valley Occupational Center HS

11450 Sharp Avenue

Mission Hills, CA 91345

(818) 365-9645 x 425

www.nvoc.org

Reseda High School

18230 Kittridge Street

Reseda, CA 91335

(818) 758-3740

shuer3@lausd.net

Triumph Charter Academy

919 Eighth Street

San Fernando, CA 91340

6 – 8th grade

(818) 837-6221

K.gasienica@pucschools.org

Casa Esperanza

14705 Blythe Street

Panorama City, CA 91402

(818) 786-1076

esther-vs@sbcglobal.net

New Directions for Youth
7315 North Lankershim Boulevard
North Hollywood, CA 91605
(818) 375-1000
www.ndfy.org

This Agency offers services for children ages 8-18 years old. Tutoring is offered in all subjects. There is a mentoring program aimed at teaching life skills, gang intervention, and support. The agency offers a program in the summer called the "**Green Team.**" This is a job-training program that runs from June to September. This is a paid training and youth must be between the ages of 14-18 years. Programs are FREE.

North Valley Caring Services
15435 Rayen Street
North Hills, CA 91343
(818) 830-4036
www.nvcsinc.org

Year round after school program for children ages 6-18. Open Monday through Friday from 1:00p.m. - 7:00pm. Offers tutoring classes and recreational activities, such as aerobics, dance classes, football, golf lessons, and KYDS Club. Programs are FREE.

Pacoima Beautiful
11243 Glenoaks Boulevard
Pacoima, CA 91331
(818) 899-2454
www.pacoimabeautiful.org

A community-based organization that seeks to empower the Pacoima community through programs that provide environmental education, advocacy and local leadership in order to foster a healthy and safe environment.

- **Youth United Towards Environmental Protection (UTEP):** A student-run, youth leadership program that meets every Wednesday from 4:30pm-6:30pm for youth ages 13 to 18 years. This group focuses on implementing beautification programs in Pacoima, in the hopes of fostering change in their community. The youth facilitate the meetings, decide on which projects to work on, and organize the projects.

- **Pacoima Beautiful Youth Institute:** An environmental education program for community youth ages 13 to 18 years old. They work in collaboration with San Fernando High School and Maclay Middle School in a 4-week long workshop through which students investigate community and environmental issues. The Institute focuses on the community and what the youth can do to improve it. The group goes on field trips and hosts college fairs. This program takes place in the Summer vacation and Spring break. All programs are FREE.

Positive Alternatives for Youth - Youth Development Program
14418 Chase Street
Panorama City, CA 91402
(818) 895-5132
www.itpays.org

The agency provides programs for youth ages 12-24 years old. They offer programs such as: music & art classes, mural projects in the community, tutoring, one-on-one mentoring, field trips to theme parks, baseball games, etc. They offer a computer lab and homework club. Programs are all FREE.

Police Activity League Supporters (P.A.L.S)
Greg Smith LAPD Devonshire Youth Center
8721 Wilbur Avenue
Northridge, CA 91324
(818) 885-6432
www.devonshire-pals.org

Free after school program for children ages 7-17. It is a prevention program run by LAPD that offers youth enriching and instructive experiences in education, athletic and recreational activities. They have **computers, games, free tutoring, sports, and arts and crafts.** Open Monday through Thursday from 1:00p.m.-6:00p.m. Caregivers need to walk in and sign the child up for the program. Program is free.

San Fernando Valley Partnership

1131 Cellis Street
San Fernando, CA 91340
(818) 837-7767

<http://www.sfvp.org/>

This organization provides the following FREE youth programs:

- **Youth leadership program:** The group discusses what they can do to reduce substance abuse among youth in the community. The group is open to High School age youth only and meets every Monday from 6pm-7:30pm.
- **Chicas:** Group for High School age girls. This group discusses issues of women's health, education, goals, positive female role models, and community involvement. This group meets every Wednesday from 5pm-6:30pm.
- **Youth Summit:** Yearly event put on the first week of June at Valley College. Open to all youth. They provide workshops all day for teens on issues of drugs, violence, health, women's health, college, etc. Food is provided.

YMCA

www.ymcala.org

Each YMCA has different activities and services available, such as after school programs, day camp and sports. Please call the YMCA nearest you for specific activities. They offer scholarships for low-income families and their children. The caregiver must pick up the application form at the main office. The scholarships are 20-25% off the regular fee and they are on a first come first served basis. All YMCA's have a counselor in Training Program for youth's ages 16-17. They volunteer at the local Day Camp as a Counselor and learn leadership skills under the supervision of an adult Camp Counselor.

North Valley Family YMCA

11336 Corbin Avenue
Northridge, CA 91326
(818) 368-3231

West Valley Family YMCA

18810 Vanowen Street
Reseda, CA 91335
(818) 774-2840

Mid Valley Family YMCA

6901 Lennox Avenue
Van Nuys, CA 91405
(818) 989-3800

YMCA of Burbank

321 East Magnolia Boulevard
Burbank, CA 91502
(818) 845-8551

www.burbankymca.org

East Valley YMCA

5142 Tujunga Avenue
North Hollywood, CA 91601
(818) 763-5126

Verdugo Hills Branch YMCA

6840 Foothill Boulevard
Tujunga, CA 91042
(818) 352-3255

www.ymcacc.org

Youth Speak Collective Headquarters

11243 Glenoaks Boulevard, Suite #11
Pacoima, CA, 91331
(818) 890-2928

www.youthspeakcollective.org

www.myspace.com/youthspeakcollective

This organization offers the following FREE enrichment programs for teens:

-**Futbolito Pacoima** teaches youth ages 13-18 years (guys and girls) from the Northeast Valley to play this fast paced version of soccer. To sign up or for more information call coach at (818) 531-5967 . The program is free and held at 4 different locations:

Maclay Middle School, 12540 Pierce Street, Pacoima
Humphrey Park, 12560 Filmore Street, Pacoima
San Fernando Gardens, 10909 Lehigh Avenue, Pacoima
Fernangeles Park, 8851 Laurel Canyon, Sun Valley

- **Project Youth Green**

Roger Jessup Park- 12467 Osborne Street , Pacoima

Saturday Program from 1-4pm. Teens (ages 13-19 years) participate in art projects such as painting, graffiti wall, mural design, movies, gardening and other projects.

- **Creative Technology Center:** Open to anyone ages 13-19 years every Monday 4:00pm-6:00pm. Access to computers, graphic arts classes, tutoring and homework help. Food is provided.

II. Art & Music Programs

Canoga Park Youth Arts Center

7222 Remmet Avenue

Canoga Park, CA 91303

(818) 346-7099

<http://web.mac.com/canogaparkartcenter/>

The Canoga Park Youth Arts Center is a program of the City of Los Angeles Cultural Affairs Department. They offer low cost classes in the visual arts for children and teens after school and on Saturdays. Classes include: animation, painting, drawing, photography, ceramics, Japanese anime, miniature set design, digital video, and mural projects. A limited number of scholarships are available on the basis of need.

Hands for Hope

11210 Otsego Street

North Hollywood, CA 91601

(818) 763-HOPE

www.hands4hope.org

Hands for Hope offers the following free after school programs for children and teens:

- **Youth After-School Program:** Ages 9-14, Monday through Friday from 3:00pm – 6:30pm.

Youth program consists of four components: academic assistance, healthy lifestyles, arts exploration and life skills development.

- **Teen Program:** Ages 15-19, Monday, Wednesday and Friday from 4:30pm-7:00pm.

The teen program focuses on activities that will enable students to prepare themselves for their future within a twelve-week workshop period. Classes will include college and career planning, driver's safety education, financial literacy, advanced level tutoring and enrichment programs that prepare students for a technology-based world.

Mariachi Master Apprentice Program

Department of Recreation and Community Services

208 Park Avenue

San Fernando, CA 91340

(818) 898-1290 Contact: Virginia Diediker, Community Services Coordinator

www.sfcity.org

To be eligible, applicants must be between 11 and 18 years of age and have at least 2 years of musical experience and demonstrate an intermediate or advanced level of musicianship. Classes meet Tuesday evenings for three hours. Weekend practices and/or musical performances are also components of this program. Auditions are held throughout the year. Applicants must contact the Department of Recreation and Community Services at San Fernando for the next audition date. Registration fee is \$32.

McGroarty Arts Center

7570 McGroarty Terrace

Tujunga, CA 91042

(818) 352-5285

<http://www.mcgroartyartscenter.org/>

McGroarty Arts Center offers affordable classes for adults and children through out the year in many varieties of fine, literary and performing arts. A limited number of scholarships are available on the basis of need. Classes include: drawing, painting, ceramics, fashion design, Tai Chi, yoga, piano, singing, violin, hip hop dance, writing, and drama. Classes may vary each session.

Sun Valley Youth Arts Center
8642 Sunland Boulevard
Sun Valley, CA 91352
(818) 252-4619

The Sun Valley Youth Arts Center offers low cost classes in the arts for children and teens throughout the year. Classes include sculpture, cartooning, graphic design, fashion illustration, murals, media exploration and guitar lessons.

HEALTH CARE ISSUES

Valley Teen Clinic (*is a part of Valley Community Clinic*)
6801 Coldwater Canyon Avenue
North Hollywood, CA 91605
(888) 763-4070

<http://www.teen411.com>

E-Mail: mail@teen411.com or questions@teen411.com

They provide a safe, comfortable health clinic for teens 12-19, designed by teens for teens, and run by a trained and certified staff of peers and licensed medical professionals. At this clinic they provide ANY teenager, male or female, of any age with information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. One of the most important things for both male and female teens to know is that they can get (on a walk-in basis, no appointment needed) condoms, spermicidal foam and vaginal contraceptive film without charge, at any time during regular clinic hours. Free, walk-in Anonymous HIV Testing Tuesdays 1-4 P.M. Adolescents of ANY age may seek out safer-sex information and supplies if they are sexually active or are considering it.

Planned Parenthood
(800) 576-5544

<http://www.plannedparenthood.org/los-angeles/>

Planned Parenthood Los Angeles provides affordable access to a range of quality reproductive health care and sexual health information, through patient services, education and advocacy. The agency provides health services to women, men and teens in Los Angeles County. Their health care professionals create a non-judgmental, relaxed environment for their clients. All services are strictly confidential and their locations have bilingual staff (English/Spanish). Planned Parenthood delivers sexuality and family planning education to more than 70,000 teens, women and men a year. To make an appointment at the closest center to your home, please call (800) 576-5544. Different locations in the San Fernando Valley:

Burbank
916 W Burbank Blvd. #M
Burbank, CA 91502

Canoga Park
21001 Sherman Way #9
Canoga Park, CA 91303

Van Nuys
7100 Van Nuys Blvd. #108
Van Nuys, CA 91405

INFORMATION & REFERRAL

211 L.A. County
Dial 2-1-1 or 1(800) 339-6993
www.healthycity.org

L.A. County 211 is a free 24-hour hotline providing information and referrals to numerous social service agencies in Los Angeles County.

Breathe California of Los Angeles
(323) 935-8050
www.breathela.org

Provides information, and referrals to help people quit smoking.

Covenant House California

(800) 999-9999

www.covenanthouseca.org

24-hour crisis hotline, which provides crisis intervention and referral and information services to homeless, runaway and other youth and their families.

Girls and Boys Town National Hotline

(800) 448-3000

www.girlsandboystown.org

The Girls and Boys Town National Hotline is a 24-hour crisis, resource and referral line. Trained counselors are available to respond to your questions.

National Runaway Switchboard

(800) 621-4000

www.1800runaway.org

24-hour hotline provides services for parents and youth. Offers crisis intervention, message service, educational information, referrals, and runaway searches.

National Suicide Prevention Lifeline

1(800) 273-TALK (8225)

1(888) 628-9454 (Spanish Line)

www.suicidepreventionlifeline.org

24-hour toll-free suicide prevention service available to anyone in a suicidal crisis. If you need help, please call and you will be routed to the closest possible crisis center in your area. Call for yourself, or someone you care about. The call is free and confidential.

TEEN LINE

(818) 432-2266 or (800) 852-8336

www.teenlineonline.org

TEEN LINE is a confidential telephone helpline for teenaged callers. It is a place to talk things out with another teen in a safe, non-judgmental environment. Hours of operation: 6:00pm-10:00pm.

Trevor Project

(800) 850-8078

www.thetrevorhelpline.org

24-hour suicide and crisis prevention helpline for LGBT youth (lesbian, gay, bisexual, and transgender/transsexual people).

MENTORING

Big Brothers/Big Sisters of Greater Los Angeles

800 South Figueroa Street, Suite #620

Los Angeles, CA 90017

(800) 207-7567 (General Information line)

(213) 213-2426 (San Fernando Valley Intake Specialist: Sofia Martinez)

www.bbbslaie.org

Agency matches a child with a caring adult mentor, and supports the relationship with trained case managers. The mentor, the child, and their parent/guardian make a one-year commitment to the relationship. The matches meet at least twice a month for 2-4 hours. Program is open to children ages 6-16 years old. The agency has additional programs for children who have a parent that is currently incarcerated. The Agency also serves children in a foster home (not a group home). Program is FREE. Agency serves the San Fernando Valley in the following cities: Pacoima, Studio City, Sylmar, and San Fernando, Panorama City, Sherman Oaks, and Van Nuys. The Agency does not currently service the Northridge and Canoga Park area.

SUBSTANCE ABUSE

I-ADARP, Inc.

6740 Kester Avenue, Suite #200

Van Nuys, CA 91405

(818) 994-7454

www.idarp.org

I-ADARP is a private, non-profit community service organization dedicated to providing alcohol and other drug treatment services to adolescents and adult men and women who are substance dependent, substance abusers or at risk for addiction. They also provide residential and outpatient substance abuse treatment services for adults (ages 18 and over), with facilities in North Hollywood and East Los Angeles.

Al-Anon/Alateen Family group

Al-Anon Central Office

4936 Lankershim Boulevard

North Hollywood, CA 91601

(818) 760-7122

(562) 948-2190 Spanish Line

www.al-anon.alateen.org

Mutual support group for family and friends of alcoholics; it is for anyone whose life has been affected by someone else's drinking.

Phoenix House

11600 Eldridge Avenue

Lake View Terrace, CA 91342

(818) 686-3000

<http://www.phoenixhouse.org/>

Offer Residential Treatment and Outpatient treatment for substance use; both are voluntary programs.

Tarzana Treatment Center

18700 Oxnard Street

Tarzana, CA 91356

(818) 996-1051

<http://www.tarzanatc.org/>

Offer Residential and outpatient treatment for substance use.

National Council on Alcoholism & Drugs

14557 Friar Street, Suite #107

Van Nuys, CA 91411

(818) 997-0414

<http://www.ncadd-sfv.org/>

A community based prevention and recovery program, which provides prevention, education, and referral services regarding alcoholism and other drug addiction. Offers programs to both teens and adults. Has a "Teenage Alcohol Program" (TAP), which is a 10-week program, with half of the meetings devoted to Educational Groups, and the other half to discussion groups. Sliding scale is available, services will not be denied due to inability to pay.

SUPPORT GROUP & PARENT TRAINING

Action Family Counseling- Parent & Teen Support Group

Apolo High School

3150 School Avenue

Simi Valley, CA 93065

(818) 763-9556 (School number)

(800) 367-8336 (24-hour crisis line)

<http://www.actionfamily.org/>

Parent and teen support groups dealing with drugs & alcohol, school problems, runaway, low self-esteem, and other family related issues. The purpose of the groups is to facilitate & improve communication between parent and child, address the problematic issues & behaviors, and foster positive change. The program offers drug testing at a charge of \$30. Support groups are FREE. The group meets every Wednesday from 6:30p.m.-8:30p.m. at Apolo High School.

Because I Love You (BILY)

Granada Hills Charter High School (Rawley Hall)

10535 Zelzah Avenue

Granada Hills, CA 91344

(818) 884-82821

<http://bily.org>

"Because I Love You" is a parent support group designed to help parents deal with drugs, runaways, truancy, verbal and physical abuse, curfew, dress codes and the problem friends. There is a group for parents and youth ages 13 and older. Kids attending the youth program must have their parent attending the parent group. A parent can attend without their child. Bilingual (Spanish) services available. This group meets every Tuesday from 7pm-9:30pm at Granada Hills Charter High School. Program is FREE.

Juvenile Impact Program – Boot Camp

Van Nuys Police Station

6420 Sylmar Avenue

Van Nuys, CA 91401

(818) 374-9404

www.lapdonline.org/youth_programs

Boot Camp run by the LAPD to correct and prevent criminal behavior and attitudes in at risk juveniles by instilling discipline, self esteem, and respect for others. Participants must typically be between the ages of 9-16 years. This is a full day program that includes parent education and youth training. They meet every Saturday for 12 weeks and takes place at Van Nuys High School. Participants may be referred by the Probation Department or parents may enroll their children at a cost of \$100. Parents must go to the Van Nuys Police Station and pick up an application. Children must be medically cleared by a doctor to participate.

Corrective Behavior Institute

St. Mark's Church

17251 Sherman Way

Van Nuys, CA 91406

(213) 386-5155 or (213) 386-4420

This is a non-profit corporation that provides different trainings open to adolescents and parents (court ordered and voluntary) for a fee. The Classes that are provided are Curfew Education, Early Prevention for Drugs & Alcohol, Juvenile Shoplifting Prevention, Truancy Intervention, Smoking Awareness, Juvenile Reckless Behavior (i.e. anger management, handling stress), Youthful Drinking Driving Program, Positive Choices I & II, and Parenting for the Family. Classes range from 4 to 56 hours and the fees range from \$25-\$125. Classes take place from 8:30am-4pm, Monday-Friday.

El Nido Family Centers

www.elnidofamilycenters.org

El Nido Family Centers is a social service non-profit agency that focuses its efforts in the following areas: services for Pregnant/Parenting Teens, Teen Pregnancy Prevention and Delinquency Prevention, Child Abuse Prevention/Intervention, and Parenting Education. There are 2 locations that service the San Fernando Valley:

Mission Hills Location

10200 Sepulveda Boulevard, Suite #350
Mission Hills, CA 91345
(818) 830-3646

Pacoima Location

13460 Van Nuys Boulevard
Pacoima, CA 91331
(818) 896-7776

Fire F.R.I.E.N.D.S.

(Firesetter Regional Intervention Education Network & Delivery System)

Alisa Ann Ruch Burn Foundation

2501 West Burbank Boulevard, Suite #201

Burbank, CA 91505

(818) 848-0223 (General Information)

(818) 492-2876 (Enrollment)

www.firefriends.org

A comprehensive, multi-agency juvenile firesetter intervention program for juvenile fire setters and their families, designed to address the issue of child-set fires in California. The program offers several kinds of intervention targeted at various levels of need based on a screening evaluation. All services are FREE.

S.H.A.R.E.

(310) 305-8878

www.shareselfhelp.org

Self-Help And Recovery Exchange is the most comprehensive self-help community center in Los Angeles. The mission of SHARE is to help people pursue change and personal growth by empowering them to change their own lives and providing them a loving, safe, non-judgmental place where they can find community, information and support. SHARE hosts fifty self-help support groups each week, serving more than 2,500 people a month. To find the closest group to your home, please call (310) 305-8878.

USEFUL WEBSITES

General Teen Issues:

www.teenlineonline.org (Teen Line)

www.teencentral.net (Teen help for teen problems)

www.talkingwithkids.org (Advice for parents to talk to their kids about important issues)

www.iwannaknow.org (Internet newsletter written by teens)

Teen Health & Relationships

www.kidshealth.org/teen

www.teenwire.com

www.positive.org

www.positive.org/DiQueSi (Spanish site)

www.teensource.org

www.freevibe.org

Education/College

www.lapl.org/ya/ (L.A. County Library, Live HW Help, Teen events)

www.collegeboard.com

www.collegeispossible.org

www.mappingyourfuture.org

Employment/Volunteer

www.groovejob.com

www.jobstar.org

www.losangeles.craigslist.org

www.summerjobs.com

www.gotajob.com

www.volunteermatch.com

www.vcla.net

The agencies on this document are listed for informational purposes only. No endorsement of the quality of services is intended by Community Resource Services of the Child and Family Guidance Center.