



## **Child and Family Guidance Center**

### **BALBOA SITE**

8550 Balboa Boulevard, Suite 150  
Northridge, CA 91325  
Phone: (818) 830-0200  
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### **Postdoctoral Residency**

**Jennifer Vargas Pemberton, Ph.D.**  
**Director of Training at Balboa Site**

The Child & Family Guidance Center Balboa site provides extensive psychotherapeutic services to children through the age of 18 and their families with a specific focus on child abuse and trauma intervention. Treatment services are provided to a culturally diverse population in which physical abuse, sexual abuse, domestic violence or other trauma has taken place or where there is a risk of abuse and/or neglect. Our intervention and prevention services are offered both at the Center and at various sites throughout the community.

Evidenced based individual, family, and group treatment are offered, as well as parent education and domestic violence prevention groups at various schools and head-start sites in the San Fernando Valley. In addition, services are provided at the local office of the Department of Children and Family Services. All services are provided in both English and Spanish.

Additional services include comprehensive psychodiagnostic assessment, sexual abuse evaluations, crisis intervention, home-based services and community outreach.

### **Postdoctoral Residency Training Program**

The focus of the postdoctoral residency is to provide comprehensive and in-depth training on the issues and treatment of child abuse and trauma. The postdoctoral resident will have the opportunity to develop clinical and assessment skills with children who have experienced sexual and/or physical abuse or are at risk of abuse and neglect. The postdoctoral resident will provide therapy using evidenced based treatment modalities and also participate in a variety of training seminars and intensive supervision. Postdoctoral residents will have a broad range of additional opportunities to learn and strengthen skills that they will need as professional psychologists. These may include training in forensic and/or sexual abuse evaluations, crisis intervention, community outreach, providing in-service presentations to trainees and conducting research projects.

The typical program will include the following weekly requirements:

### **Direct Services**

- Individual/Family Psychotherapy
- Group Treatment
- Psychodiagnostic Assessments
- Sexual Abuse/Forensic Evaluations
- Intake Assessments
- Outreach Opportunities
- On-Call Duties

### **Training**

- Counter Transference and the Therapeutic Process
- Assessment of Sexual Knowledge
- Advanced Psycho-diagnostic/Forensic Assessment
- Postdoctoral Professional Issues
- Professional Development & Staff Meeting
- Monthly In-service at Northridge site

### **Supervision**

- Receive individual supervision of individual/family cases
- Provide in-service presentations to other trainees and staff
- Receive individual or group supervision for evidenced programs
- Receive individual or group supervision for cases within specific treatment programs

### **Treatment Program Options**

- CalWorks Program
- Crisis Program
- MAT Program
- Offsite School Services
- Offender Program

### **Evidenced Based Program Options**

- Aggressive Replacement Therapy (ART)
- Child Parent Psychotherapy (CPP)
- Cognitive Behavior Therapy (CBT)
- Interpersonal Psychotherapy (IPT)
- Managing and Adapting Practice (MAP)
- Parent Child Interaction Therapy (PCIT)
- Positive Parenting Program (Triple P)
- Seeking Safety (SS)
- Trauma Focused Cognitive Behavior Therapy (TFCBT)

Some common questions about the program:

#### **When does the training program begin?**

The postdoctoral residency is a full-year program that commences at the beginning of September and continues until the end of August.

#### **Is the postdoctoral program full-time?**

Yes. The postdoctoral resident is required to work 40 hours per week. Two weeks vacation is allotted during the training year with sick time as necessary. The Center is closed between Christmas Eve and New Years Day.

#### **Is there any stipend?**

Yes. Stipends start at \$41,600 but may go higher depending upon skills and level of experience.

#### **Are there any particular days or hours required?**

Residents will be expected to be at the Center five days per week, at least two to three evenings per week to meet the needs of our working clients and late-afternoon and evening group treatment times. The seminar schedule will also dictate the day or days required. The Center is open Monday through Thursday 8:30AM to 8:00PM and Friday

8:30 AM to 6:00 PM. It will also be open on Saturdays allowing the resident to substitute Saturday appointments for some evening hours. Some on-call responsibilities will be required.

**Is there some flexibility in the kinds of activities/opportunities that the postdoctoral resident may have?**

Yes. The program will be tailored to meet the individual training needs of the postdoctoral resident.

**What is the application process?**

Please fax or send the following information to:

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1. A cover letter expressing why you are interested in our training program.
2. Curriculum Vita
3. 3 Letters of Reference (preferably from internship and practicum placements)
4. Sample of a complete Psychodiagnostic Evaluation

Interviews with applicants who will be considered for the program will be scheduled after a review of the above materials.