

Internship Requirements

I. One Case Study

Social history

Physical assessment (name, D.O.B., age, height, weight, grade in school, etc.)

Diagnosis

Special precautions

Medication and possible side effects

Physical limitations

II. Pick two groups and lead a different R.T. activity or project to each group. Include a written report on:

Program plan

Title and description of activity or project

Number and age of participants

Equipment and supplies needed

Rationale (why activity/project was chosen)

Goals and objectives of the session

Assessment and Evaluation

Problems encountered and how they were solved

Strengths and weaknesses

Discuss any changes or modifications for future use of this project.

III. Plan and lead two physical activities with two age different groups. Included a written report on:

Program plan

Title and description of activity

Number and ages of participants

Equipment and supplies needed

Rationale (why activity was chosen)

Goals and objectives of the session

Assessment and Evaluation

Problems encountered and how they were solved

Strengths and weaknesses

Discuss any changes or modifications for future use of this activity

IV. Develop and write a set of realistic goals and objectives of what you personally desire to accomplish during your internship (prior to start of internship).

V. Assignment to work individually with one or two clients to develop fine/gross motor skills, social skills, and/or leisure awareness. This will include involvement in planning, written treatment plan (including goals and objectives), and written progress notes entered into the charts.

VI. Select two special activities or projects from the following:

Plan and implement a recreation program for one of the Satellite Homes for one afternoon per week.

Plan and implement a new activity group. Include goals and objectives.

Organize and lead an all-school event (e.g., Olympics Day, holiday party and events)

Design and implement a special project of your own choosing, with the approval of the Recreation Therapist.

** Each of these special projects must include an evaluation after each activity or project is implemented.

VII. Develop a budget for one chosen special event from VI. Include:

List of supplies and equipment (include quantity of each item)

Cost of each item and total cost of activity

List sources of price/cost information

VIII. Instruction will be provided regarding giving motor skill tests, evaluating performance and test scores, and setting up prescribed individual recreation therapy. Prior to the end of your internship, you will be responsible for conducting at least three motor skills tests, evaluating results, and setting up individual recreation therapy program.

IX. Assist on-going recreation therapy groups.

X. Write up two treatment plans for clients seen during individual recreation therapy sessions.

XI. Meet with Recreation Therapist (your agency supervisor) once a week for consultation.

XII. Attend staff and teacher's meetings.

XIII. Participate in both a mid-term and a final evaluation with your agency supervisor.