



THE CHILD & FAMILY GUIDANCE CENTER

Balboa

8550 Balboa Blvd., Suite 150
Northridge, CA 91325
Phone: (818) 830-0200; Fax: (818) 830-0206
www.childguidance.org
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Practicum/Pre-Internship Training Program

Jennifer Vargas Pemberton, Ph.D.
Director of Training

The Child & Family Guidance Center Balboa site provides psychotherapeutic services for families with children through the age of 18 as well as adults. The Center provides extensive services to families in which physical and / or sexual abuse, domestic violence has taken place or where there is a risk of abuse and / or neglect. Individual & family treatment, and parent education are provided at various schools in the San Fernando Valley. All services are provided in English and Spanish. In addition, the following evidenced based treatment practices are provided:

- Aggressive Replacement Therapy (ART)
- Child Parent Psychotherapy (CPP)
- Cognitive Behavior Therapy (CBT)
- Interpersonal PsychoTherapy (IPT)
- Managing and Adapting Practice (MAP)
- Parent Child Interaction Therapy (PCIT)
- Positive Parenting Program (Triple P)
- Seeking Safety (SS)
- Trauma Focused Cognitive Behavior Therapy (TFCBT)

TRAINING DUTIES AND CONTRACTED HOURS

8 to 10 cases	8 to 10 hours
Group supervision	1 to 2 hours
Individual supervision	1 hour
Training Seminar	1 hour
Paperwork	<u>2.5 to 3.0 hours</u>
	16.5 HOURS

APPLICATION PROCEDURES

Please fax, email, or send the following information to:

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CFGF Balboa Site
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1. A cover letter expressing why you are interested in our training program.
2. Curriculum Vita
3. Three letters of reference

Interviews with applicants who will be considered for the program will be scheduled after a review of the above materials. Interviews will take place in February and March.

QUESTIONS AND ANSWERS

1.) When does the training program begin?

The training year begins the first week of September and continues until August 31st. You will be allotted two weeks (33 hours) vacation time during the training year, with sick time as necessary but not to exceed 16.5 hours. The Clinic is closed the week between Christmas Eve and New Year. The first two weeks are orientation that include administrative and clinical training. All students are required to attend all orientation days.

2) Am I required to be at the center on any particular day?

Yes, students need to attend the days that group supervision and Training Seminar occur.

3) Is there a possibility of arranging our work schedule so that we are at the center for only two days?

The group supervision, the training seminar, the client schedules (often afterschool hours) and room availability may not allow you to come only two days a week. You will be expected to be at the clinic at least two evenings a week until 8:00 pm since most caregivers work and children are in school. The center's hours are from 8:30 a.m. to 8:00 p.m Monday through Thursday and 8:30 to 6:00 pm on Fridays.