Youth Resource Directory

www.childguidance.org
The **Child and Family Guidance Center** is a LA County Department of Mental Health (DMH) contractor that provides Specialized Prevention and Early Intervention (PEI) services to children, transition age youth, and adults utilizing evidence based treatment interventions (EBPs) that are consistent with LAC/DMH Mental Health services Act (MHSA).

The Center also provides families with access to a comprehensive continuum of services depending on the needs of the family ranging from once a week, time limited mental services (PEI) to intensive in-home services that are delivered several times a week with 24-7 availability for crises.

The **Community Resource Services** is a division dedicated to improving the quality of life for special needs children and their families by helping them to locate, access and effectively use essential community health and social services.

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**Call for Services**

San Fernando Valley 818-739-5250

Antelope Valley 661-265-8627

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EDUCATIONAL/VOCATIONAL PROGRAMS

Job Corps
1106 South Broadway
Los Angeles, CA 90015
(213) 748-0135 or (800) 733-5627 (General Information)
http://jobcorps.dol.gov

Job Corps is a no-cost education and vocational training program administered by the U.S. Department of Labor where students enroll to learn a trade, earn a high school diploma or GED and get help finding a good job. To enroll in Job Corps, students must be 16-24 years old, must be a US citizen or legal resident, must meet income requirements, and must be ready and willing to participate fully in the program. When you join the program, you will be paid a monthly allowance; the longer you stay with the program, the more your allowance will be. Job Corps provides career counseling and transition support to its students for up to 12 months after they graduate from the program.

ONE SOURCE California - Youth Opportunity Centers
www.onesourceca.org

Free services for low-income youth, 16-21 years of age and residents of the City of Los Angeles. They provide assistance with employment, career and college exploration, GED, Job skills training, computer training, and much more.

El Proyecto del Barrio (North Valley)
9030 Laurel Canyon Boulevard
Sun Valley, CA 91352
(818) 771-0184; TTY (818) 252-6505
Area High Schools: Chatsworth, Granada Hills, Kennedy, Monroe, San Fernando, Sylmar, and Verdugo

El Proyecto del Barrio (South Valley)
20800 Sherman Way
Canoga Park, CA 91306
(818) 710-5239; TTY (818) 716-6438

Youth Opportunity Movement
11844 Glenoaks Avenue
San Fernando, CA 91304
(818) 361-7108
http://www.layo.org/valley.htm

Free services for low-income youth. They provide assistance for youth to reach their educational, employment and personal goals. They provide the following services:
- **Homework & Tutoring Center**: Access to computers, the Internet, printer, fax, copy machines and tutors to help you with that tough assignment.
- **Support Services**: They offer assistance with transportation, books, supplies, tools and equipment. They can also connect you to their agency partners, who can assist you with childcare, counseling, and other service needs.
- **High School & GED Prep**
- **College**: They offer SAT prep, financial aid application assistance, occupational assistance, career path planning, college and educational exploration.
- **Skills Assessment**: Their vocational assessment programs will help you determine your vocational aptitude and assist in mapping out your career path.
- **Job Readiness & Work Experience**: For those 14-21 year olds who have difficulty finding a job, their job readiness program offers work experience, on-the-job training, job shadowing, part-time and full-time employment in a field that is related to your career and employment goals.
- **Boxing**: Our boxing program not only teaches the fine art of boxing but it is also is a great program to help you get in shape. You can participate in boxing competitions or you can do it simply for fun.
ENRICHMENT PROGRAMS

I. After School & Community Programs

Boys & Girls Club of America
www.bgca.org
Provides year-round recreational activities. After school programs for children ages 7 -17 years. Services include: arts, crafts, sports, computers, dance classes, wrestling, drill team, game room and more. There is a membership fee; however lower rates are available to low-income families. Locations:

Boys and Girls Club
11251 Glenoaks Boulevard
Pacoima, CA 91331
(818) 896-5261
www.bgcsfv.org
Annual fee: $24.

WEST VALLEY BOYS AND GIRLS CLUB
7245 Remmet Avenue
Canoga Park, CA 91306
(818) 610-1054
www.wvbgc.org
Annual fee: $20.

Boys and Girls Club
2244 North Buena Vista Street
Burbank, CA 91504
(818) 842-9333
www.bgcburbank.org
Annual fee: $75.

Boys and Girls Club
24909 Newhall Avenue
Santa Clarita, CA 91351
(661) 254-2582
www.scvboysandgirlsclub.org
Annual fee: $24.

Casa Esperanza
14705 Blythe Street
Panorama City, CA 91402
(818) 786-1076
Youth Programs include homework assistance, leadership, writing workshops, health awareness, financial literacy for teens and mentoring through the MOSAIC program.

CLASS Parks / Youth Plus Program
3900 Chevy Chase Drive
Los Angeles, CA 90039
(818) 243-2490 Administrative Office
www.classparks.org
Recreation Centers in the San Fernando Valley have Teen Clubs that are designed for High School youth. They offer recreational activities, classes, and weekend trips. Once you sign up at a Teen Club you will then be eligible to participate in one of the other CLASS Park Programs that offer off site activities such as rock climbing, hiking, horseback riding, backpacking, fishing, canoeing, kayaking, sailing, snowboarding, mountain biking and camping. Teen Clubs are offered at the following parks:

- David Gonzales Recreation Center
- Delano Recreation Center
- Hubert Humphrey Recreation Center
- Lanark Recreation Center
- Panorama Recreation Center
- Sepulveda Recreation Center
- Sun Valley Recreation Center
- Sylmar Recreation Center
- Valley Plaza Recreation Center
- Van Nuys Recreation Center
- Victory-Vineland Recreation Center
This organization offers the following FREE programs:

- **After school Youth Program** for children ages 7-18 years. They provide tutoring, computers, arts and crafts, movie nights, field trips and camping outings. Program takes place Monday - Thursday from 4pm-6pm.
- **Youth Works** is a job skills training program for youth ages 15-25 years. They provide training pertaining to interview skills, resume writing, mock interviews, and other life skills.
- **Spark!** is a program that offers performing arts workshops for children ages 8-21 years. Each workshop is 3 hours and focuses on various arts such as acting, dancing, drawing, etc.

**Friday Night Xtreme Teens**

Every Friday night, the San Fernando Valley Coalition on Gangs offers a safe environment for teens to participate in different activities. There will be food, sports, games, music, and guest speakers for local teens. Teens and parents are encouraged to call the recreation center ahead of time to make sure the event is going on. Open to everyone on Fridays from 6:30p.m. to 9:00p.m. at the following Recreation Centers:

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<td>Lanark Rec. Center</td>
<td>21816 Lanark Street</td>
<td>(818) 899-8087</td>
</tr>
<tr>
<td>Van Nuys Rec. Center</td>
<td>14301 Vanowen Street</td>
<td>(818) 756-8131</td>
</tr>
<tr>
<td>Sylmar Rec. Center</td>
<td>13109 Borden Avenue</td>
<td>(818) 367-5656</td>
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**Hank Lacayo Youth & Family Center**

The Hank Lacayo Youth & Family Center is a non-profit charitable organization whose mission is to serve the needs of low-income youth and their families in the San Fernando Valley by providing culturally relevant programs and services. The youth development programs serve to empower youth through the use of various performance arts, dance, sports and other recreational activities. The family development program provides ESL and citizenship classes in addition to linkage and referrals to needed community services.

**Jeopardy Program (LAPD)**

The Jeopardy Program is a gang prevention and intervention program for boys and girls ages 9-17 years and their parents. Jeopardy offers a variety of educational and physical projects, from tutoring to martial arts. Parents must bring their child into the center for the initial interview to enroll. Program is offered at different police stations. Program is FREE.

**Devonshire Division**

Contact: Officer John Harding  
(818) 756-8270

**Mission and Foothill Division**

Contact: Officer Victor Rios  
(818) 838-9855  
Monday-Thursday from 4:00pm-6:30 pm

**North Hollywood Division**

Contact: Officer Robert Munoz  
(818) 623-4001

**Topanga Division**

Contact: Officer Todd Jerran  
(818) 756-3180  
Location: Canoga Park HS  
Monday-Thursday from 3:00 pm- 6:00 pm  
Prefer ages 12-15

**West Valley Division**

Contact: Officer Adrian Rios  
(818) 374-9500  
Monday-Thursday from 3:00 pm- 6:00 pm
Keep Youth Doing Something (KYDS)
6740 Kester Avenue, Suite #200
Van Nuys, CA 91405
(818) 908-2029
www.kydsinc.org

KYDS provides a school based after-school program that offers activities such as arts and crafts, sports, theatre, drama and homework help. Program takes place from 2:30pm-5:45pm, Monday-Friday. Parents must go to the school office and fill out an application for the KYDS program. The program is offered at the following schools: Camellia Avenue Elementary, Herrick Avenue Elementary, Liggett Elementary, Melvin Elementary, Richard E. Byrd Middle School, and Northridge Middle School. Program is FREE.

La Raza Unida/Youth
11663 Herrick Avenue
San Fernando, CA 91340
(818) 365-6534

This organization focuses on issues related to the Chicano, Mexican, & Latino Community. The LRU Committee encourages youth to say "no" to drugs and violence and "yes" to pride and involvement in the Latino community. This program offers various activities such as working on Murals, classes on Latino history and culture, and community activism. Programs are FREE.

Mentoring to Overcome Struggle and Inspire Courage (MOSAIC) Program
California State University, Northridge
18111 Nordhoff Street
Northridge, CA 91330
(818) 677-6533
www.csunmosaic.org

MOSAIC is a program where CSUN students serve as mentors for youth in local after-school programs. Their focus is on youth caught up in struggles against gang and family violence, drug and alcohol abuse, educational failure, and emotional trauma. The community youth are provided with homework help and projects involving art, music, dance, photography, journalism, field trips, and community events. The MOSAIC program is offered at various sites around the San Fernando Valley:

- Evergreen High School
  13101 Dronfield Avenue
  Sylmar, CA 91342
  (818) 367-5989
ttoribio@lausd.net

- Jack London High School
  12924 Oxnard Street
  Van Nuys, CA 91401-4104
  (818) 756-2794
dec5822@lausd.net

- North Valley Occupational Center HS
  11450 Sharp Avenue
  Mission Hills, CA 91345
  (818) 365-9645 x 425
  www.nvoc.org

- Reseda High School
  18230 Kittridge Street
  Reseda, CA 91335
  (818) 758-3740
  shuer3@lausd.net

- Triumph Charter Academy
  919 Eighth Street
  San Fernando, CA 91340
  6 – 8th grade
  (818) 837-6221
  K.gasienica@puscschools.org

- Casa Esperanza
  14705 Blythe Street
  Panorama City, CA 91402
  (818) 786-1076
  esther-vs@sbcglobal.net
New Directions for Youth  
7315 North Lankershim Boulevard  
North Hollywood, CA 91605  
(818) 375-1000  
www.ndfy.org
This Agency offers services for children ages 8-18 years old. Tutoring is offered in all subjects. There is a mentoring program aimed at teaching life skills, gang intervention, and support. The agency offers a program in the summer called the *Green Team.* This is a job-training program that runs from June to September. This is a paid training and youth must be between the ages of 14-18 years. Programs are FREE.

North Valley Caring Services  
15435 Rayen Street  
North Hills, CA 91343  
(818) 830-4036  
www.nvcsinc.org  
Year round after school program for children ages 6-18. Open Monday through Friday from 1:00p.m. - 7:00pm. Offers tutoring classes and recreational activities, such as aerobics, dance classes, football, golf lessons, and KYDS Club. Programs are FREE.

Pacoima Beautiful  
11243 Glenoaks Boulevard  
Pacoima, CA 91331  
(818) 899-2454  
www.pacoimabeautiful.org  
A community-based organization that seeks to empower the Pacoima community through programs that provide environmental education, advocacy and local leadership in order to foster a healthy and safe environment.  
- **Youth United Towards Environmental Protection (UTEP):** A student-run, youth leadership program that meets every Wednesday from 4:30pm-6:30pm for youth ages 13 to 18 years. This group focuses on implementing beautification programs in Pacoima, in the hopes of fostering change in their community. The youth facilitate the meetings, decide on which projects to work on, and organize the projects.  
- **Pacoima Beautiful Youth Institute:** An environmental education program for community youth ages 13 to 18 years old. They work in collaboration with San Fernando High School and Maclay Middle School in a 4-week long workshop through which students investigate community and environmental issues. The Institute focuses on the community and what the youth can do to improve it. The group goes on field trips and hosts college fairs. This program takes place in the Summer vacation and Spring break. All programs are FREE.

Positive Alternatives for Youth - Youth Development Program  
14418 Chase Street  
Panorama City, CA 91402  
(818) 895-5132  
www.itpays.org  
The agency provides programs for youth ages 12-24 years old. They offer programs such as: music & art classes, mural projects in the community, tutoring, one-on-one mentoring, field trips to theme parks, baseball games, etc. They offer a computer lab and homework club. Programs are all FREE.

Police Activity League Supporters (P.A.L.S)  
Greg Smith LAPD Devonshire Youth Center  
8721 Wilbur Avenue  
Northridge, CA 91324  
(818) 885-6432  
www.devonshire-pals.org  
Free after school program for children ages 7-17. It is a prevention program run by LAPD that offers youth enriching and instructive experiences in education, athletic and recreational activities. They have computers, games, free tutoring, sports, and arts and crafts. Open Monday through Thursday from 1:00p.m.-6:00p.m. Caregivers need to walk in and sign the child up for the program. Program is free.
This organization provides the following FREE youth programs:

- **Youth leadership program:** The group discusses what they can do to reduce substance abuse among youth in the community. The group is open to High School age youth only and meets every Monday from 6pm-7:30pm.

- **Chicas:** Group for High School age girls. This group discusses issues of women's health, education, goals, positive female role models, and community involvement. This group meets every Wednesday from 5pm-6:30pm.

- **Youth Summit:** Yearly event put on the first week of June at Valley College. Open to all youth. They provide workshops all day for teens on issues of drugs, violence, health, women's health, college, etc. Food is provided.

**YMCA**

www.ymcala.org

Each YMCA has different activities and services available, such as after school programs, day camp and sports. Please call the YMCA nearest you for specific activities. They offer scholarships for low-income families and their children. The caregiver must pick up the application form at the main office. The scholarships are 20-25% off the regular fee and they are on a first come first served basis. All YMCA’s have a counselor in Training Program for youth’s ages 16-17. They volunteer at the local Day Camp as a Counselor and learn leadership skills under the supervision of an adult Camp Counselor.

North Valley Family YMCA  
11336 Corbin Avenue  
Northridge, CA 91326  
(818) 368-3231

West Valley Family YMCA  
18810 Vanowen Street  
Reseda, CA 91335  
(818) 774-2840

Mid Valley Family YMCA  
6901 Lemnox Avenue  
Van Nuys, CA 91405  
(818) 989-3800

YMCA of Burbank  
321 East Magnolia Boulevard  
Burbank, CA 91502  
(818) 845-8551  
www.burbankymca.org

East Valley YMCA  
5142 Tujunga Avenue  
North Hollywood, CA 91601  
(818) 763-5126

Verdugo Hills Branch YMCA  
6840 Foothill Boulevard  
Tujunga, CA 91042  
(818) 352-3255  
www.ymcacc.org

**Youth Speak Collective Headquarters**  
11243 Glenoaks Boulevard, Suite #11  
Pacoima, CA 91331  
(818) 890-2928  
www.youthspeakkollective.org  
www.myspace.com/youthspeakkollective

This organization offers the following FREE enrichment programs for teens:

- **Futbolito Pacoima** teaches youth ages 13-18 years (guys and girls) from the Northeast Valley to play this fast paced version of soccer. To sign up or for more information call coach at (818) 531-5967. The program is free and held at 4 different locations:
  
  - Maclay Middle School, 12540 Pierce Street, Pacoima  
  - Humphrey Park, 12560 Filmore Street, Pacoima  
  - San Fernando Gardens, 10909 Lehigh Avenue, Pacoima  
  - Fernangeles Park, 8851 Laurel Canyon, Sun Valley

- **Project Youth Green**

**Roger Jessup Park**- 12467 Osborne Street, Pacoima
Saturday Program from 1-4pm. Teens (ages 13-19 years) participate in art projects such as painting, graffiti wall, mural design, movies, gardening and other projects.

- **Creative Technology Center**: Open to anyone ages 13-19 years every Monday 4:00pm-6:00pm. Access to computers, graphic arts classes, tutoring and homework help. Food is provided.

### II. Art & Music Programs

**Canoga Park Youth Arts Center**  
7222 Remmet Avenue  
Canoga Park, CA 91303  
(818) 346-7099  

The Canoga Park Youth Arts Center is a program of the City of Los Angeles Cultural Affairs Department. They offer low cost classes in the visual arts for children and teens after school and on Saturdays. Classes include: animation, painting, drawing, photography, ceramics, Japanese anime, miniature set design, digital video, and mural projects. A limited number of scholarships are available on the basis of need.

**Hands for Hope**  
11210 Otsego Street  
North Hollywood, CA 91601  
(818) 763-HOPE  
[www.hands4hope.org](http://www.hands4hope.org)

Hands for Hope offers the following free after school programs for children and teens:

- **Youth After-School Program**: Ages 9-14, Monday trough Friday from 3:00pm – 6:30pm.  
Youth program consists of four components: academic assistance, healthy lifestyles, arts exploration and life skills development.

- **Teen Program**: Ages 15-19, Monday, Wednesday and Friday from 4:30pm-7:00pm.  
The teen program focuses on activities that will enable students to prepare themselves for their future within a twelve-week workshop period. Classes will include college and career planning, driver’s safety education, financial literacy, advanced level tutoring and enrichment programs that prepare students for a technology-based world.

**Mariachi Master Apprentice Program**  
Department of Recreation and Community Services  
208 Park Avenue  
San Fernando, CA 91340  
(818) 898-1290  
Contact: Virginia Diediker, Community Services Coordinator  
[www.sfcity.org](http://www.sfcity.org)

To be eligible, applicants must be between 11 and 18 years of age and have at least 2 years of musical experience and demonstrate an intermediate or advanced level of musicianship. Classes meet Tuesday evenings for three hours. Weekend practices and/or musical performances are also components of this program. Auditions are held throughout the year. Applicants must contact the Department of Recreation and Community Services at San Fernando for the next audition date. Registration fee is $32.

**McGroarty Arts Center**  
7570 McGroarty Terrace  
Tujunga, CA 91042  
(818) 352-5285  

McGroarty Arts Center offers affordable classes for adults and children throughout the year in many varieties of fine, literary and performing arts. A limited number of scholarships are available on the basis of need. Classes include: drawing, painting, ceramics, fashion design, Tai Chi, yoga, piano, singing, violin, hip hop dance, writing, and drama. Classes may vary each session.
Sun Valley Youth Arts Center
8642 Sunland Boulevard
Sun Valley, CA 91352
(818) 252-4619

The Sun Valley Youth Arts Center offers low cost classes in the arts for children and teens throughout the year. Classes include sculpture, cartooning, graphic design, fashion illustration, murals, media exploration and guitar lessons.

HEALTH CARE ISSUES

Valley Teen Clinic (is a part of Valley Community Clinic)
6801 Coldwater Canyon Avenue
North Hollywood, CA 91605
(888) 763-4070
http://www.teen411.com
E-Mail: mail@teen411.com or questions@teen411.com

They provide a safe, comfortable health clinic for teens 12-19, designed by teens for teens, and run by a trained and certified staff of peers and licensed medical professionals. At this clinic they provide ANY teenager, male or female, of any age with information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. One of the most important things for both male and female teens to know is that they can get (on a walk-in basis, no appointment needed) condoms, spermicidal foam and vaginal contraceptive film without charge, at any time during regular clinic hours. Free, walk-in Anonymous HIV Testing Tuesdays 1-4 P.M. Adolescents of ANY age may seek out safer-sex information and supplies if they are sexually active or are considering it.

Planned Parenthood
(800) 576-5544
http://www.plannedparenthood.org/los-angeles/

Planned Parenthood Los Angeles provides affordable access to a range of quality reproductive health care and sexual health information, through patient services, education and advocacy. The agency provides health services to women, men and teens in Los Angeles County. Their health care professionals create a non-judgmental, relaxed environment for their clients. All services are strictly confidential and their locations have bilingual staff (English/Spanish). Planned Parenthood delivers sexuality and family planning education to more than 70,000 teens, women and men a year. To make an appointment at the closest center to your home, please call (800) 576-5544. Different locations in the San Fernando Valley:

- Burbank
  916 W Burbank Blvd. #M
  Burbank, CA 91502

- Canoga Park
  21001 Sherman Way #9
  Canoga Park, CA 91303

- Van Nuys
  7100 Van Nuys Blvd. #108
  Van Nuys, CA 91405

INFORMATION & REFERRAL

211 L.A. County
Dial 2-1-1 or 1(800) 339-6993
www.healthycity.org

L.A. County 211 is a free 24-hour hotline providing information and referrals to numerous social service agencies in Los Angeles County.

Breathe California of Los Angeles
(323) 935-8050
www.breathela.org

Provides information, and referrals to help people quit smoking.
Covenant House California  
(800) 999-9999  
www.covenanthouseca.org

24-hour crisis hotline, which provides crisis intervention and referral and information services to homeless, runaway and other youth and their families.

Girls and Boys Town National Hotline  
(800) 448-3000  
www.girlsandboystown.org

The Girls and Boys Town National Hotline is a 24-hour crisis, resource and referral line. Trained counselors are available to respond to your questions.

National Runaway Switchboard  
(800) 621-4000  
www.1800runaway.org

24-hour hotline provides services for parents and youth. Offers crisis intervention, message service, educational information, referrals, and runaway searches.

National Suicide Prevention Lifeline  
1(800) 273-TALK (8225)  
1(888) 628-9454 (Spanish Line)  
www.suicidepreventionlifeline.org

24-hour toll-free suicide prevention service available to anyone in a suicidal crisis. If you need help, please call and you will be routed to the closest possible crisis center in your area. Call for yourself, or someone you care about. The call is free and confidential.

TEEN LINE  
(818) 432-2266 or (800) 852-8336  
www.teenlineonline.org

TEEN LINE is a confidential telephone helpline for teenaged callers. It is a place to talk things out with another teen in a safe, non-judgmental environment. Hours of operation: 6:00pm-10:00pm.

Trevor Project  
(800) 850-8078  
www.thetrevorhelpline.org

24-hour suicide and crisis prevention helpline for LGBT youth (lesbian, gay, bisexual, and transgender/transsexual people).

MENTORING

Big Brothers/Big Sisters of Greater Los Angeles  
800 South Figueroa Street, Suite #620  
Los Angeles, CA 90017  
(800) 207-7567 (General Information line)  
(213) 213-2426 (San Fernando Valley Intake Specialist: Sofia Martinez)  
www.bbbslaie.org

Agency matches a child with a caring adult mentor, and supports the relationship with trained case managers. The mentor, the child, and their parent/guardian make a one-year commitment to the relationship. The matches meet at least twice a month for 2-4 hours. Program is open to children ages 6-16 years old. The agency has additional programs for children who have a parent that is currently incarcerated. The Agency also serves children in a foster home (not a group home). Program is FREE. Agency serves the San Fernando Valley in the following cities: Pacoima, Studio City, Sylmar, and San Fernando, Panorama City, Sherman Oaks, and Van Nuys. The Agency does not currently service the Northridge and Canoga Park area.
SUBSTANCE ABUSE

I-ADARP, Inc.
6740 Kester Avenue, Suite #200
Van Nuys, CA 91405
(818) 994-7454
www.idarp.org

I-ADARP is a private, non-profit community service organization dedicated to providing alcohol and other drug treatment services to adolescents and adult men and women who are substance dependent, substance abusers or at risk for addiction. They also provide residential and outpatient substance abuse treatment services for adults (ages 18 and over), with facilities in North Hollywood and East Los Angeles.

Al-Anon/Alateen Family group
Al-Anon Central Office
4936 Lankershim Boulevard
North Hollywood, CA 91601
(818) 760-7122
(562) 948-2190 Spanish Line
www.al-anon.alateen.org

Mutual support group for family and friends of alcoholics; it is for anyone whose life has been affected by someone else's drinking.

Phoenix House
11600 Eldridge Avenue
Lake View Terrace, CA 91342
(818) 686–3000
http://www.phoenixhouse.org/

Offer Residential Treatment and Outpatient treatment for substance use; both are voluntary programs.

Tarzana Treatment Center
18700 Oxnard Street
Tarzana, CA 91356
(818) 996-1051
http://www.tarzanatc.org/

Offer Residential and outpatient treatment for substance use.

National Council on Alcoholism & Drugs
14557 Friar Street, Suite #107
Van Nuys, CA 91411
(818) 997-0414
http://www.ncadd-sfv.org/

A community based prevention and recovery program, which provides prevention, education, and referral services regarding alcoholism and other drug addiction. Offers programs to both teens and adults. Has a “Teenage Alcohol Program” (TAP), which is a 10-week program, with half of the meetings devoted to Educational Groups, and the other half to discussion groups. Sliding scale is available, services will not be denied due to inability to pay.
SUPPORT GROUP & PARENT TRAINING

Action Family Counseling- Parent & Teen Support Group
Apolo High School
3150 School Avenue
Simi Valley, CA 93065
(818) 763-9556 (School number)
(800) 367-8336 (24-hour crisis line)
http://www.actionfamily.org/

Parent and teen support groups dealing with drugs & alcohol, school problems, runaway, low self-esteem, and other family related issues. The purpose of the groups is to facilitate & improve communication between parent and child, address the problematic issues & behaviors, and foster positive change. The program offers drug testing at a charge of $30. Support groups are FREE. The group meets every Wednesday from 6:30p.m.-8:30p.m. at Apolo High School.

Because I Love You (BILY)
Granada Hills Charter High School (Rawley Hall)
10535 Zelzah Avenue
Granada Hills, CA 91344
(818) 884-8282
http://bily.org

"Because I Love You" is a parent support group designed to help parents deal with drugs, runaways, truancy, verbal and physical abuse, curfew, dress codes and the problem friends. There is a group for parents and youth ages 13 and older. Kids attending the youth program must have their parent attending the parent group. A parent can attend without their child. Bilingual (Spanish) services available. This group meets every Tuesday from 7pm-9:30pm at Granada Hills Charter High School. Program is FREE.

Juvenile Impact Program – Boot Camp
Van Nuys Police Station
6420 Sylmar Avenue
Van Nuys, CA 91401
(818) 374-9404
www.lapdonline.org/youth_programs

Boot Camp run by the LAPD to correct and prevent criminal behavior and attitudes in at risk juveniles by instilling discipline, self esteem, and respect for others. Participants must typically be between the ages of 9-16 years. This is a full day program that includes parent education and youth training. They meet every Saturday for 12 weeks and takes place at Van Nuys High School. Participants may be referred by the Probation Department or parents may enroll their children at a cost of $100. Parents must go to the Van Nuys Police Station and pick up an application. Children must be medically cleared by a doctor to participate.

Corrective Behavior Institute
St. Mark’s Church
17251 Sherman Way
Van Nuys, CA 91406
(213) 386-5155 or (213) 386-4420

This is a non-profit corporation that provides different trainings open to adolescents and parents (court ordered and voluntary) for a fee. The Classes that are provided are Curfew Education, Early Prevention for Drugs & Alcohol, Juvenile Shoplifting Prevention, Truancy Intervention, Smoking Awareness, Juvenile Reckless Behavior (i.e. anger management, handling stress), Youthful Drinking Driving Program, Positive Choices I & II, and Parenting for the Family. Classes range from 4 to 56 hours and the fees range from $25-$125. Classes take place from 8:30am-4pm, Monday-Friday.
El Nido Family Centers
www.elnidofamilycenters.org

El Nido Family Centers is a social service non-profit agency that focuses its efforts in the following areas: services for Pregnant/Parenting Teens, Teen Pregnancy Prevention and Delinquency Prevention, Child Abuse Prevention/Intervention, and Parenting Education. There are 2 locations that service the San Fernando Valley:

Mission Hills Location
10200 Sepulveda Boulevard, Suite #350
Mission Hills, CA 91345
(818) 830-3646

Pacoima Location
13460 Van Nuys Boulevard
Pacoima, CA 91331
(818) 896-7776

Fire F.R.I.E.N.D.S.
(Firesetter Regional Intervention Education Network & Delivery System)
Alisa Ann Ruch Burn Foundation
2501 West Burbank Boulevard, Suite #201
Burbank, CA 91505
(818) 848-0223 (General Information)
(818) 492-2876 (Enrollment)
www.firefriends.org

A comprehensive, multi-agency juvenile firesetter intervention program for juvenile fire setters and their families, designed to address the issue of child-set fires in California. The program offers several kinds of intervention targeted at various levels of need based on a screening evaluation. All services are FREE.

S.H.A.R.E.
(310) 305-8878
www.shareselfhelp.org

Self-Help And Recovery Exchange is the most comprehensive self-help community center in Los Angeles. The mission of SHARE is to help people pursue change and personal growth by empowering them to change their own lives and providing them a loving, safe, non-judgmental place where they can find community, information and support. SHARE hosts fifty self-help support groups each week, serving more than 2,500 people a month. To find the closest group to your home, please call (310) 305-8878.

USEFUL WEBSITES

General Teen Issues:
www.teenlineonline.org (Teen Line)
www.teencentral.net (Teen help for teen problems)
www.talkingwithkids.org (Advice for parents to talk to their kids about important issues)
www.iwannaknow.org (Internet newsletter written by teens)

Teen Health & Relationships
www.kidshealth.org/teen
www.teenwire.com
www.positive.org
www.positive.org/DiQueSi (Spanish site)
www.teensource.org
www.freevibe.org

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Education/College

www.lapl.org/ya/ (L.A. County Library, Live HW Help, Teen events)
www.collegeboard.com
www.collegeispossible.org
www.mappingyourfuture.org

Employment/Volunteer

www.groovejob.com
www.volunteermatch.com
www.vcla.net

The agencies on this document are listed for informational purposes only. No endorsement of the quality of services is intended by Community Resource Services of the Child and Family Guidance Center.